

LSR Coaching and Consulting, LLC  
Client Agreement

This agreement ("Agreement") is made and entered into on \_\_\_\_\_ ("Effective Date") between LSR LSRCCing and Consulting, LLC ("LSRCC") and \_\_\_\_\_ ("Client").

The services to be provided by LSRCC to Client are Coaching services.

**1. APPOINTMENTS:**

All Client services are by appointment only. Coaching appointments are reserved for Client. LSRCC reserves the right to bill Client for a missed appointment if the appointment is not cancelled at least 24-hours prior to the scheduled time. Client is expected to be available, prepared and on time for all appointments.

**2. COACHING PLAN FEES:**

Client will chose one of the following plans by initialing the appropriate plan:

Platinum Coaching Package

Client's "**Coaching Plan Fee**" is **\$900**, in consideration for LSRCC's work with respect to Client's chosen area(s) of productivity. Client's "Coaching Plan Fee" includes **eight (8)** calls or meetings for **30 - 45** minutes each. The Coaching Plan also includes up to **daily Client-initiated** e-mail or phone message drop-offs each week at **no charge**.

Gold Coaching Package

Client's "**Coaching Plan Fee**" is **\$500**, in consideration for LSRCC's work with respect to Client's chosen area(s) of productivity. Client's "Coaching Plan Fee" includes **four (4)** calls or meetings for **30 - 45** minutes each. The Coaching Plan also includes up to **daily Client-initiated** e-mail or phone message drop-offs each week at **no charge**.

Prior to the start of coaching an **initial session** of approximately one-and-a-half (1.5) hours will be held. The rate for this session is \$200.

**3. PAYMENT:**

Payment can be made by check or cash. All checks are to be made payable to: LSR Coaching and Consulting, LLC.

Mail payments to the attention of Laura Rolands at: 900 Wilshire, Suite 202, Troy, MI 48084 or pay via PayPal to [Laura@Myattentioncoach.com](mailto:Laura@Myattentioncoach.com).

Client understands and agrees that LSRCC may suspend or terminate Coaching services; without liability, of any client who has not paid in full for their session or package. Client understands and agrees to the fee schedule provided in paragraph 2 above, and agree to pay all Coaching fees in accordance with the terms of this Agreement.

Client Name: \_\_\_\_\_

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**4. PRIVACY:**

LSRCC agrees to maintain complete anonymity of all Client information disclosed or received from any third party unless permission is received from the Client. If it is necessary for the LSRCC to gain access to information from, therapists, physicians or other professionals; LSRCC will provide a standard information release form for Client's signature.

However, the terms of anonymity shall not apply where failure to disclose may be, in LSRCC's sole discretion, in violation of any law or may involve information regarding certain crimes that have either been committed or LSRCC believes may be committed; may be dangerous or possibly cause harm to the physical or emotional well-being of Client or anyone else, or when such information is subject to subpoena. This provision will survive expiration or termination of the Agreement.

**5. CONFIDENTIALITY:**

The information shared in the coaching process is confidential. The printed materials used are protected by copyright law and may not be copied without written permission. Notwithstanding these limitations, you may freely share your personal experience of the process with others.

**6. Coaching PROCESS AND DISCLAIMER:**

A) Coaching is designed to guide the Client to learn how to consistently achieve results and make purposeful choices. Client agrees to communicate honestly, be open to feedback and assistance and create the time and energy to participate fully in the Coaching program. However, due to the totally subjective nature of the work, Client understands and agrees that LSRCC makes no guarantee as to the results Client will achieve, nor is LSRCC responsible for the results achieved by Client from the coaching.

**B) Client understand that coaching is NOT therapy and does not substitute for therapy if needed, and does not diagnose, prevent, cure, or treat any mental disorder or medical disease.** No documents provided or coaching services are intended to provide a diagnostic service or professional evaluation regarding Attention Deficit/Hyperactivity Disorder (AD/HD) or other health issues. Only a professionally trained AD/HD physician or specialist can accurately evaluate and diagnose AD/HD.

C) Clients understands that the LSRCC agrees that it nor its representatives (including Laura Rolands) are not a "Physician", "Psychologist", "Social Worker" or "Psychotherapist," and LSRCC is unable to (1) diagnosis AD/HD, ADD or any other medical condition; (2) recommend or prescribe any medication or (3) act as a therapist, counseling me on or providing psychoanalysis or behavioral therapy.

**7. DISPUTES:**

Satisfaction is important to LSR Coaching and Consulting, LLC. If Client has any concerns or disputes, they will raise their concerns to LSRCC as soon as the concern or dispute arises.

Should a dispute arise out of this Agreement that cannot be resolved by mutual agreement of the parties, Client and LSRCC agree to resolve the dispute by negotiating in good faith for 30 days after notice of the dispute is given. If the dispute is not resolved, and in the event of legal action, the prevailing party shall be entitled to recover attorney's fees and court costs from the other party

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**8. EMERGENCIES:**

If there is a medical emergency, physical or psychological, DO NOT CONTACT LSRCC'S OFFICE. Emergency issues must be addressed directly by Client's doctor or therapist, or by dialing emergency 9-1-1 services if warranted.

**9. TERMS AND TERMINATION OF SERVICES:**

The terms of this Agreement shall be on a month-to-month basis, and will automatically renew under the same terms and conditions unless otherwise terminated by Client or LSRCC. This Agreement may be terminated at any time, without liability, except for obligations incurred prior to the effective date of such termination, by providing prior notice to the other party. Client understands and agrees that fees paid for services rendered or appointments cancelled without the required notice are not refundable. This Agreement may be amended upon mutual agreement of Client and LSRCC. Because a good termination process is important to the Client's personal growth, he or she is asked to give one session notice. This is so that we can review goals, LSRCC can make recommendations for further steps you, and we can say goodbye in a meaningful and complete way.

**10. COMPLETE AGREEMENT:**

This Agreement constitutes the entire agreement of the parties, and reflects a complete understanding of the parties with respect to the subject matter and supersedes all prior written and oral representations, communications or agreements. The parties agree that this Agreement shall be deemed to have been signed and performed in the state of Michigan will control herein.

IN WITNESS WHEREOF, the Parties have duly executed this Agreement.

Laura Rolands for LSRCC		Date

Client		Date

Client Name: \_\_\_\_\_