

Morning Routine Checklist

Week of: _____

Action Step	Sun		Mon		Tues		Wed		Thurs		Fri		Sat		Notes
	Start	Stop	Start	Stop	Start	Stop	Start	Stop	Start	Stop	Start	Stop	Start	Stop	
Alarm															
Out of Bed															
Shower															
Get Ready															
Eat Breakfast															
Kids Up & Ready															
Gather Belongings															
Leave the House															

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